



Educational Support for Schools

Emotional Intelligence for All

Building an Emotionally Intelligent School

This professional development programme has been specifically designed for all members of a whole school organisation. Most research would now argue that I.Q. takes second stage to emotional intelligence in determining outstanding job performance. Schools within the U.K. have begun to look at E.Q. as an important part of the curriculum and the S.E.A.L. programme. However, can we ever hope for our young learners to develop in emotional intelligence if the adults within the school are not demonstrating emotional intelligence themselves?

This programme aims to:

- Develop a whole school understanding about emotional intelligence and its role in a learning organisation
- Increase personal and professional self-awareness around key competencies for emotional intelligence
- Explore the critical qualities of an emotionally intelligent organisation

Programme Agenda

Session 1 **What's it all about?**

Aim of Session – To introduce and explore the notion of emotional intelligence

- Going Beyond good – Features of excellence within teaching and learning
- Two key words for emotional intelligence **Promoting awareness and responsibility**
- The core principles of a successful organisation The 5 essential qualities
- How do we measure up? Our current reality

Session 2 **Getting to the core**

Aim of Session – To explore the core competencies of an emotionally intelligent individual

- Start inside out - A personal audit for E.Q.
- Identifying specific qualities of an emotionally intelligent person
- The 15 key Competencies to emotional intelligence My perceptions and my judgement
- Going deeper with E.Q. – My influence and responsibility

Session 3 **Paving the way**

Aim of Session – to consider the essential qualities of an emotionally intelligent organisation

- Identifying our Spirit Killers Current issues and interferences
- The specific qualities of an emotionally intelligent organisation
- Moving Towards habits Developing a school culture of high E.Q. and support
- The Way Forward - Action planning for future developments in E.Q.

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